



About Emsella

Emsella is a non-surgical, non-invasive treatment for urinary incontinence and intimate health. Emsella uses high intensity focused electromagnetic technology (HIFEMTM) to deeply stimulate the pelvic floor muscles to restore neuromuscular control. The treatment stimulates thousands of pelvic muscle contractions called supramaximal contractions to tighten the entire pelvic floor. Each session stimulates 11,800 contractions, which is similar to doing 11,800 Kegel exercises!

FAQs



How many sessions are required?

Each patient should receive a personalized consultation prior to beginning their Emsella treatment plan. 6 treatments scheduled twice per week are recommended.



What are the benefits of doing Emsella?

Emsella treatments can help patients restore control of the bladder, treat urinary incontinence, and help strengthen pelvic floor muscles to improve their quality of life. The Emsella treatment is a 28 minute, non-invasive procedure where patients remain fully clothed throughout. There is no downtime.



Is the treatment painful?

The Emsella treatment is not painful. Patients may experience tingling and pulling sensations as the pelvic floor muscles contract, which is similar to an intense pelvic workout.



Who is an Emsella candidate?

The Emsella patient may be men or women struggling with stress or urge urinary incontinence. Patients may experience urine leakage when laughing or sneezing. They may also feel a sudden urge to pee. The patient may seek to strengthen their pelvic floor, manage nocturia and improve sexual function. Emsella is also suitable for post-prostatectomy patients.

Call us for an appointment and consultation (825) 509-8888



